



COURSE NAMES: **Truth with Handles** Video Watches and Discussion

LOCATION: Virtual Meetings via Zoom and/or In Person Meetings in Assumption Hall

TIME: Wednesday Evenings, 7:00 PM to 8:00 PM unless noted

MATERIALS: Your *Bible* and Truth with Handles Video Discussion Guide (provided)

Date	Walking with Purpose Truth with Handles Video Title and Overview
9/25/2024	<b>Return to Awe</b> - Approaching our faith with a sense of awe and wonder.
10/2/2024	<b>Mental Health</b> - Checking the entry points of our minds and recognizing the well-being that flows from our thought life.
10/9/2024	<b>Identity</b> - Looking beyond our outer beauty and seeing ourselves the way our Father sees us.
10/16/2024	<b>Cancel Culture</b> - Delving into the art of argument and how to interact with people we disagree with.
10/23/2024	No In person meeting – Virtual Rosary of the Glorious Mysteries - 7 p.m. on Zoom (Only) (OLA 40 Hours Sunday 10/20 to Tuesday 10/22/2024)
10/30/2024	<b>Disagreeing with Church Teachings</b> - Reconciling ourselves to Church teachings we don't agree with.
11/6/2024	<b>Consumer to Disciple</b> - Understanding how our consumer society has reached its ways into the heart of our Church and discerning if our spiritual practices are something we consume or sacrifice.
11/13/2024	<b>How to Find Rest</b> - Tackling three important components of slowing down and finding rest: what is rest, why do we need it, and how do we get it?
11/20/2024	<b>Overused Scripture</b> - Resolving our tendency to treat Scripture more like positive affirmations and the importance of understanding the context of our favorite Bible verses.
11/27/2024	No OLA WWP Meeting – Happy Thanksgiving!
12/4/2024	Advent Evening of Reflection with Father Kassa in Assumption Hall at 6:30 p.m. Potluck Appetizers and Desserts, More details to follow

For more information, please see [www.olastrafford.org/wwp](http://www.olastrafford.org/wwp)